

# FREE Financial Capability coaching and workshops

*Good Shepherd's Financial Capability workers provide one-on-one coaching and group workshops to help people build financial resilience and make better financial decisions. It is a free, non-judgemental and confidential service.*

## **Financial Capability and Wellbeing Program VIC.**

The Financial Capability worker's aim is to make our clients become financially capable. Make clients see the value in actively managing their own money. Knowing how to make sound decisions and act on them and have confidence in their own ability to make decisions about money.

*This program is funded through the Commonwealth Department of Social Services. Interpreters are available.*

### **One-on-one coaching**

Our approach draws on the strengths of the client and is tailored to meet their needs.

Samples:

- Budget planning
- Controlling your utility bills
- Understanding concessions
- Establishing a savings plan

### **Eligibility**

You are eligible if you are:

- Receiving a Commonwealth allowance/ payment
- A newly arrived migrant, non-citizen or refugee
- Woman experiencing family violence
- Live in the catchment area
- Over 18 years old

### **Workshops**

Interactive sessions to encourage peer support and learning.

Sample Topics:

- Budget – Getting Started
- Utilities – What you need to know
- Credit and Debt management

### **Catchment area**

For the Inner & Western Suburbs  
– Council Areas:

Brimbank	Melton
Maribyrnong	Moreland
Wyndham	Moonee Valley
Hobson	Melbourne



**For more information contact:**

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